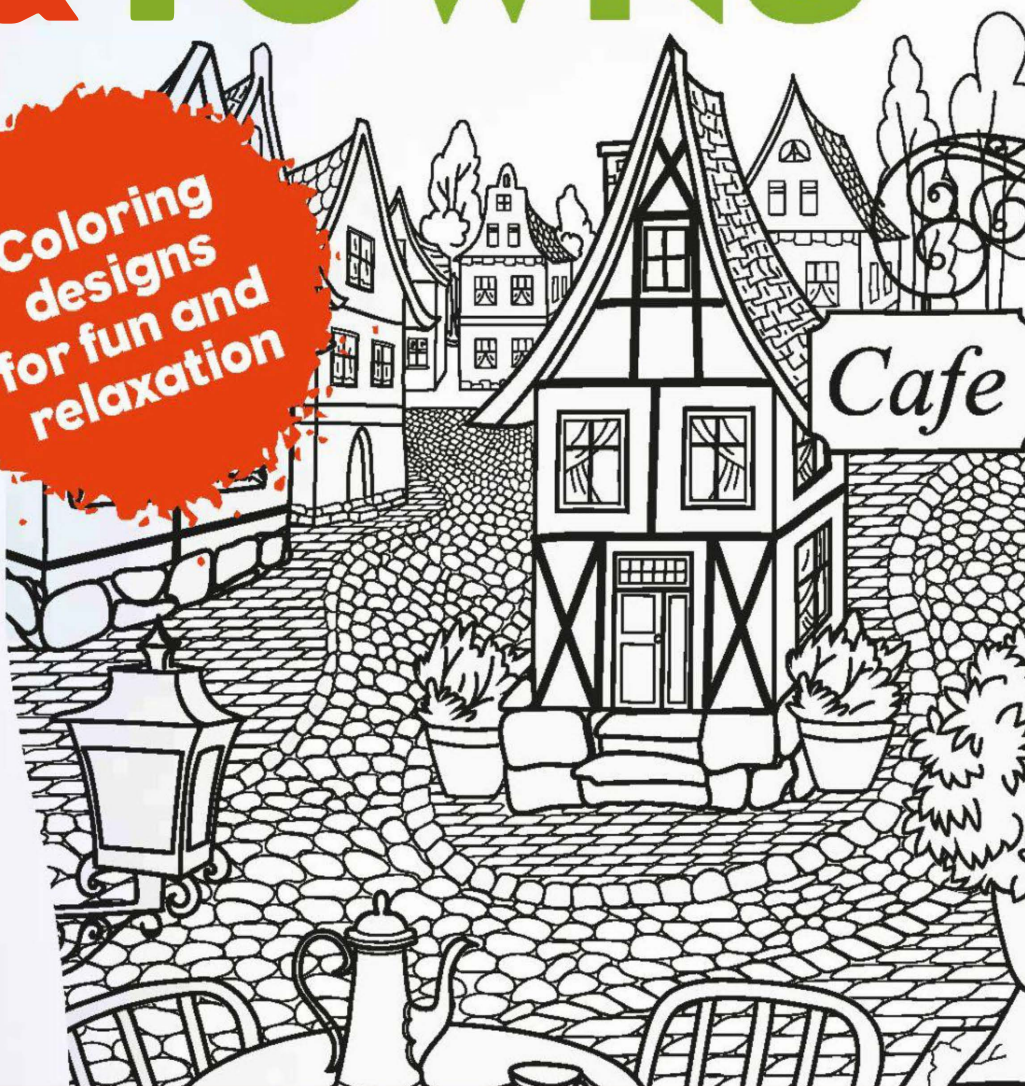




# ART THERAPY

# CITIES & TOWNS

Coloring  
designs  
for fun and  
relaxation



Arizona Daily Star

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# CITIES AND TOWNS

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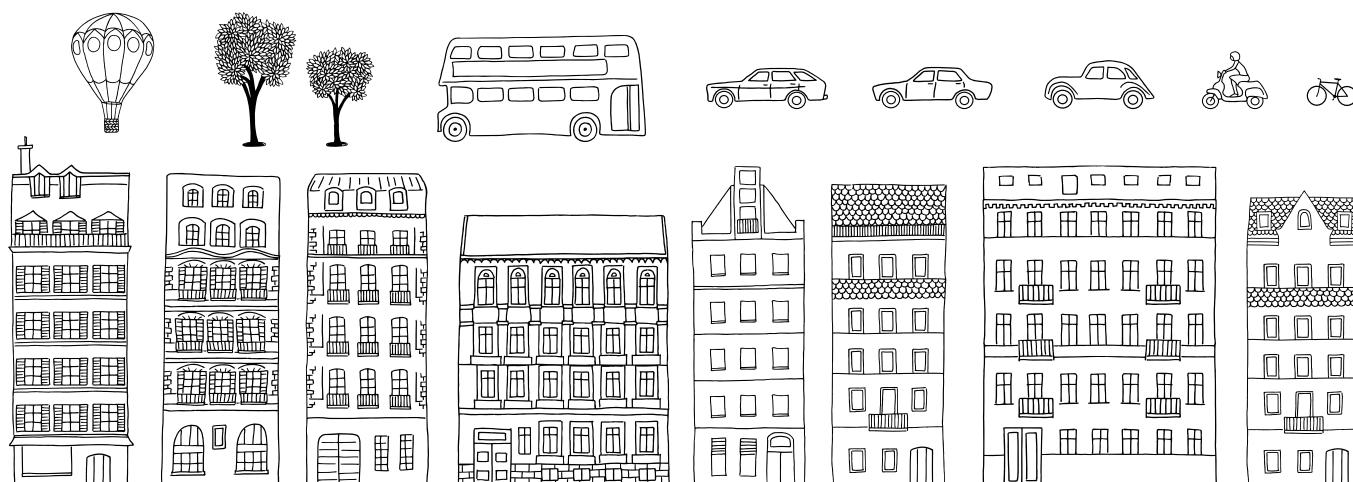


# The beauty of cities

**H**op on to an architectural trip to the most beautiful cities imaginable! This coloring book features incredible cityscapes filled with intricate details that will stimulate your imagination, while you enter a soothingly meditative state of mind. From realistic and famous cities like London or Paris, to imagined, dream-like little villages, you'll be able to immerse yourself in all kinds of coloring adventures.

Color your way around these magical locations and bring life to each and every one! Let your creativity fly as you pick whatever colors fit your mood. You may opt for warm colors, such as yellow, orange or red, that evoke feelings of great warmth, comfort and joy, or colder colors, like purples, blues and greens, that will stimulate a sense of tranquility and mindfulness.

Coloring can make a great form of self-therapy for anyone who's feeling overworked or stressed after having to deal all day with a demanding job and home responsibilities. Take a moment to let yourself breathe, collect your thoughts, find peace within and tap into your artistic abilities. Take this opportunity to tune into a soothingly different scene, express your emotions, and entertain your inner child.





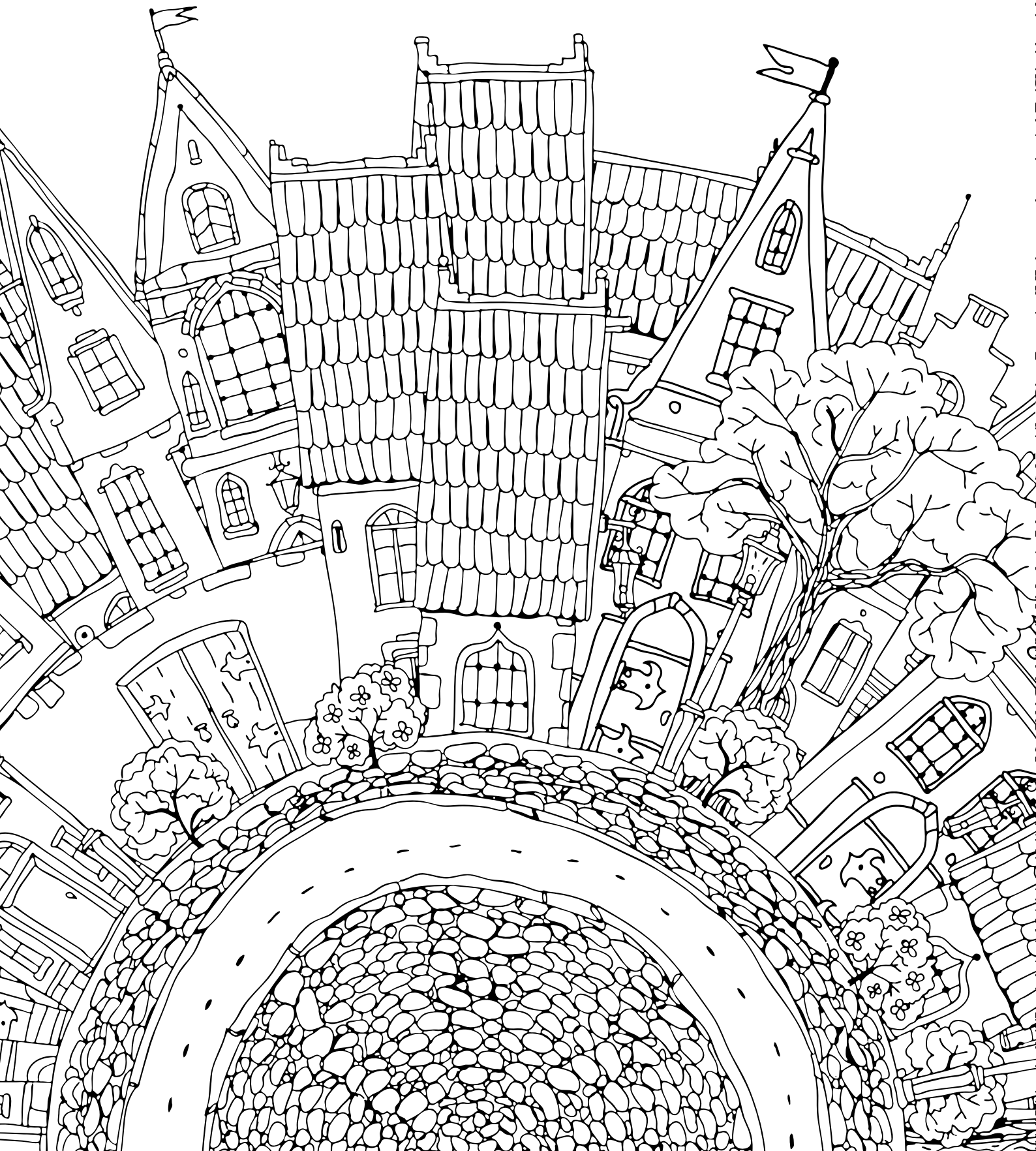


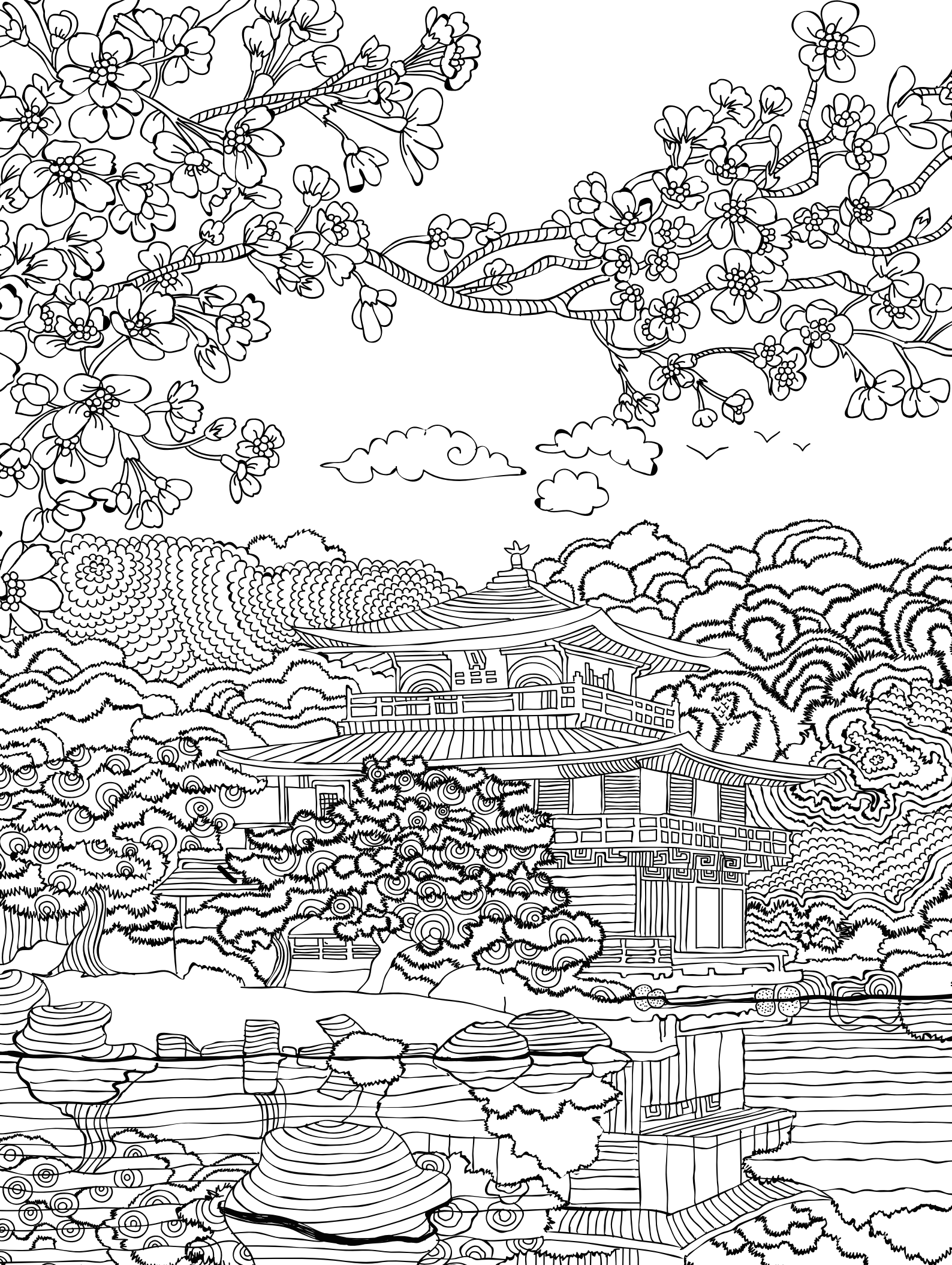
































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